



Name: _____ Birth date: _____ Date: _____

My Health Story.

I am going to visit an acupuncturist to help me with _____

I feel a little (please circle): Excited Happy Nervous Scared Confused
about my first visit because _____

Please circle your favorite things about visiting a health office:

- | | | |
|---------------------|-----------------|---------------------------------|
| The people are nice | Stickers | Fun colors & things on the wall |
| Games to play | Stuffed animals | Prizes for doing a good job |
| Books to read | Funny people | Other Ideas: _____ |

About Me...

I am _____ years old. I feel _____ about myself
I feel _____ about my family
And, I feel _____ about my friends
The things I like best about myself are _____
The things I don't like about myself are _____

At School...

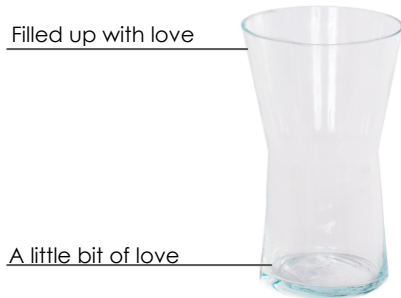
I like school because _____
The things I don't like about school are _____

My favorite...

Color(s) _____
Games to Play _____
I mostly like to play with (circle): My Parents Friends Siblings By Myself
My favorite places to be are _____
My favorite Foods are _____
My least favorite foods are _____

My Feelings...

I feel loved by others this much:
(Please color in the amount of love)



Jar of Love

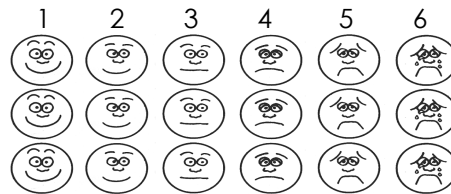
I Love myself this much:
(Please color in the amount of love)



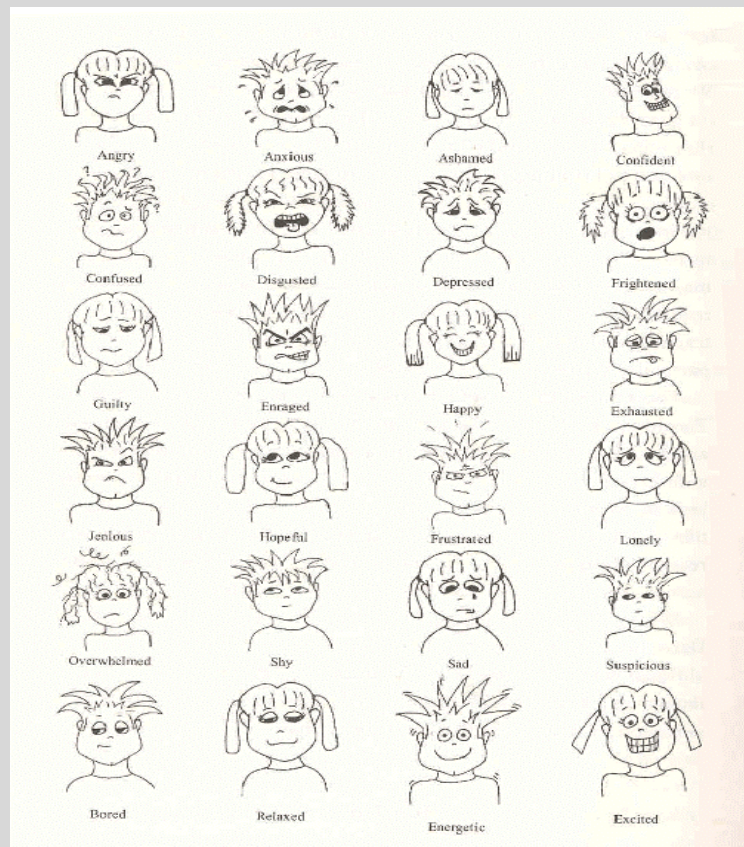
Jar of Love

This is how I feel about:
My Life
My Family
My Friends

Super Happy ⇨ Really Sad



I most often feel:
(Please circle all that apply)



Our friendly and happy practitioners can't wait to meet you. Bring in your favorite toy or stuffed animal, and you can help us give your furry friend a treatment too. See you soon! Love, The HHW Healing Team